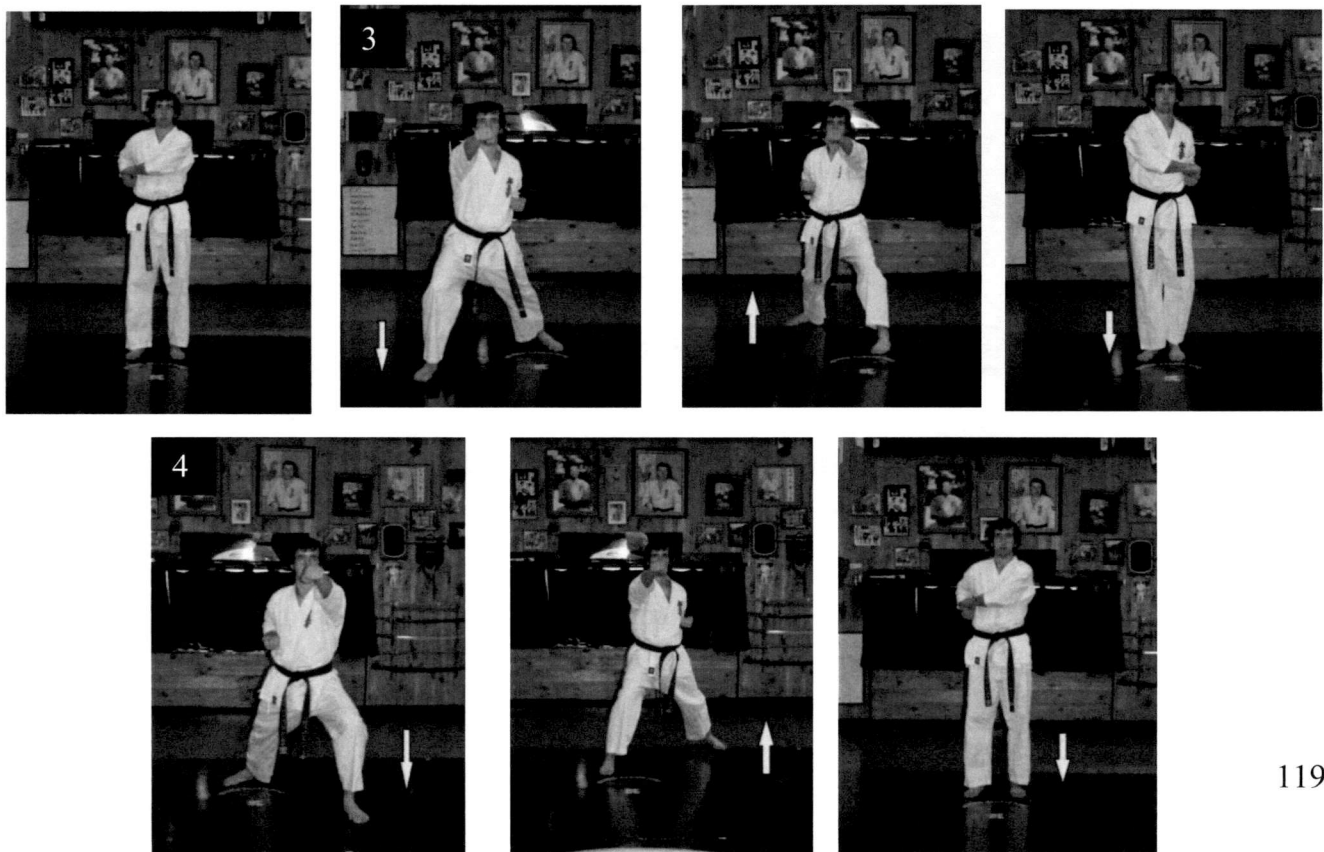


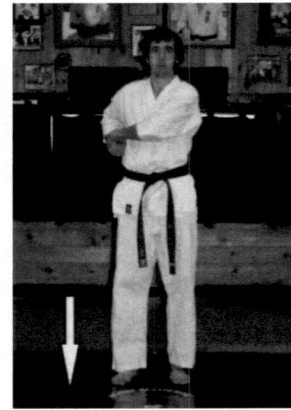
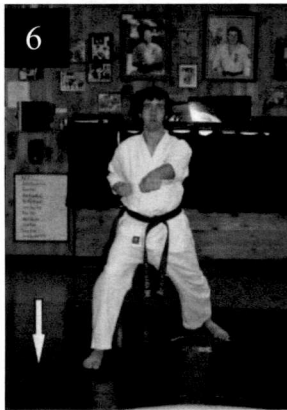
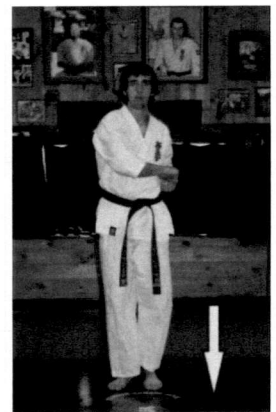
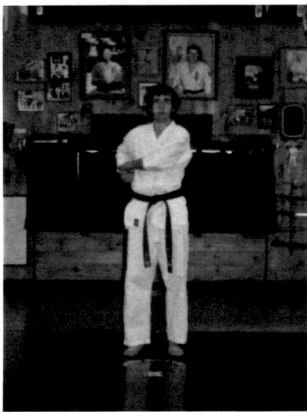
Tenno Kata (The 4<sup>th</sup> Taikyoku)  
Set #1 - Straight Punch Chudan Level (Middle)



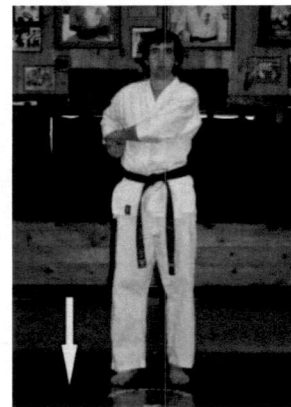
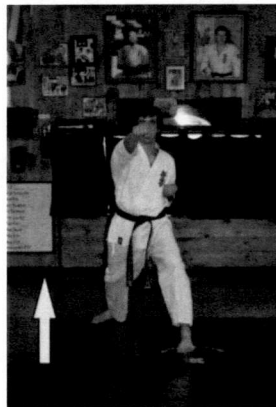
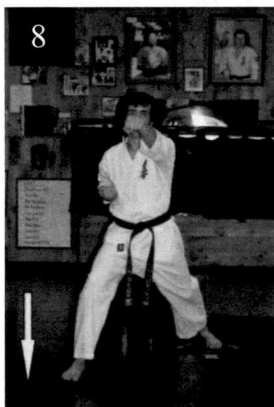
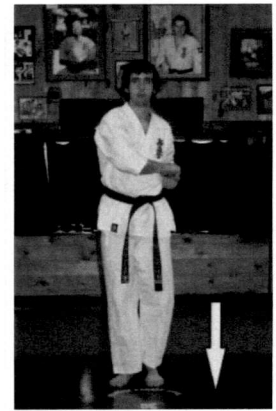
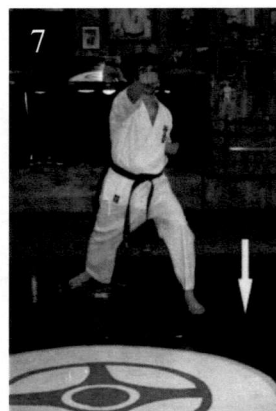
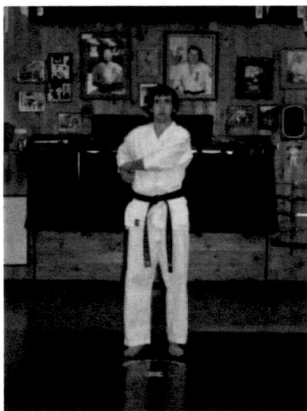
Set #2 - Straight Punch Jodan Level (High)



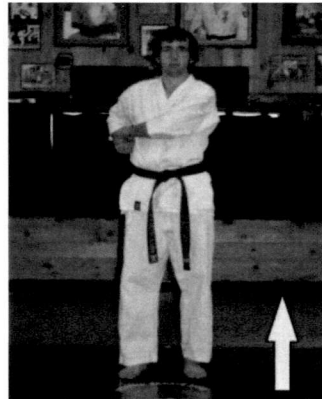
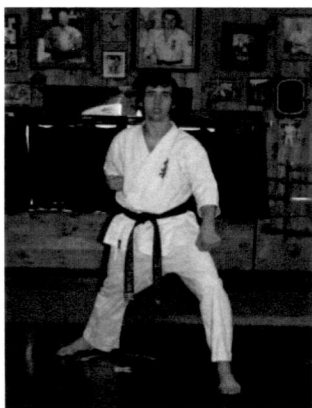
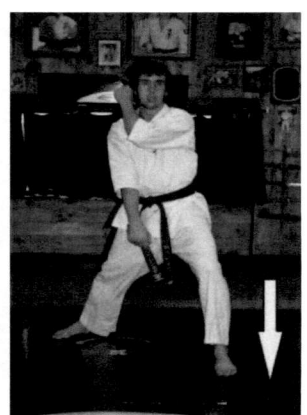
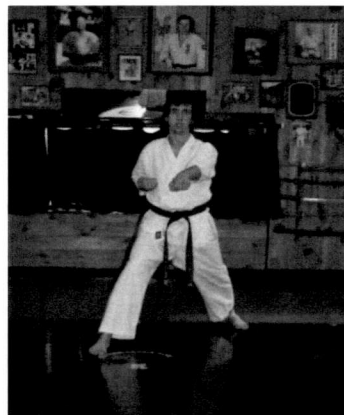
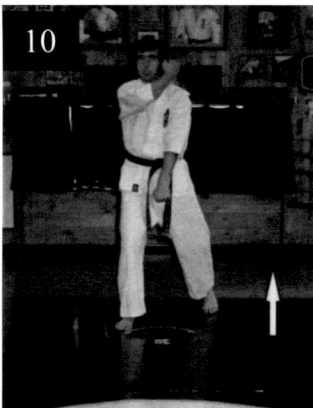
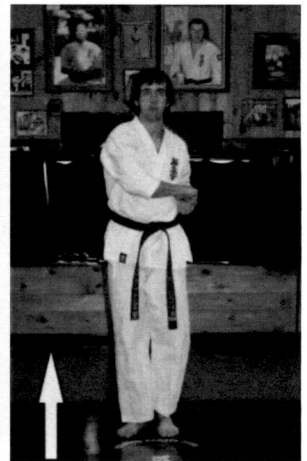
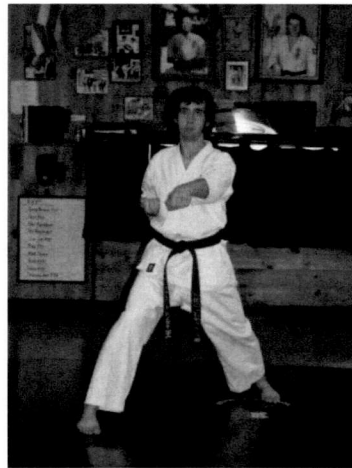
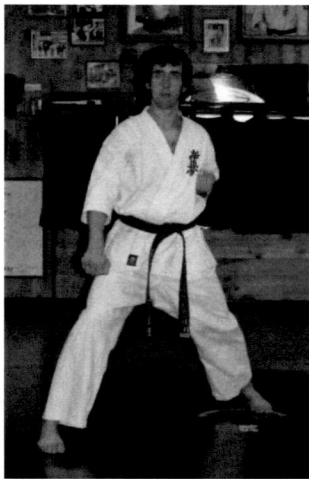
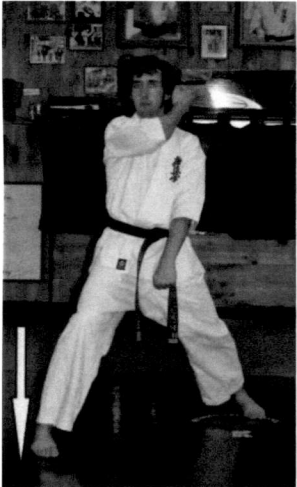
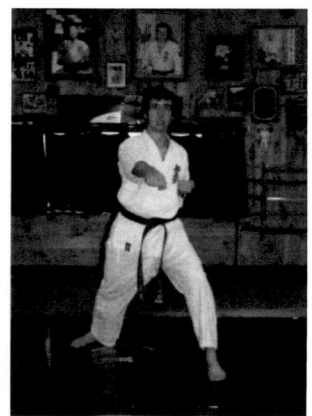
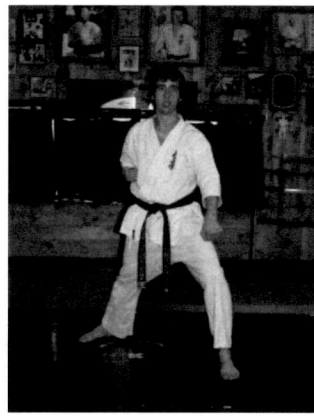
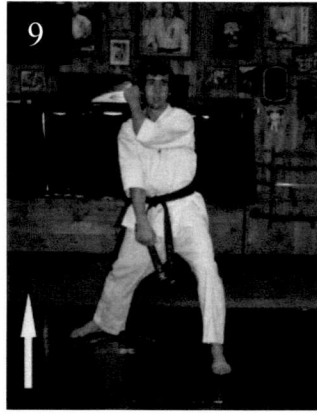
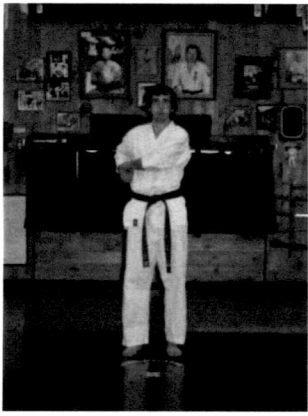
### Set #3 - Reverse Punch Chudan Level



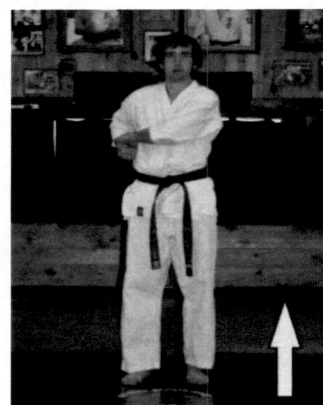
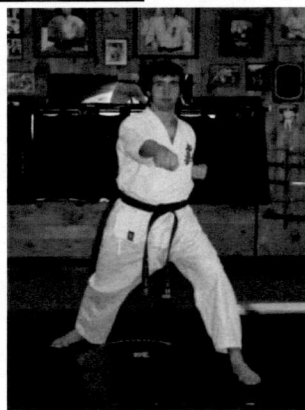
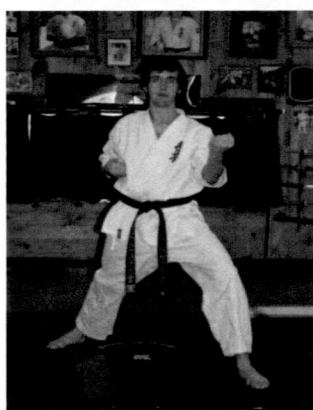
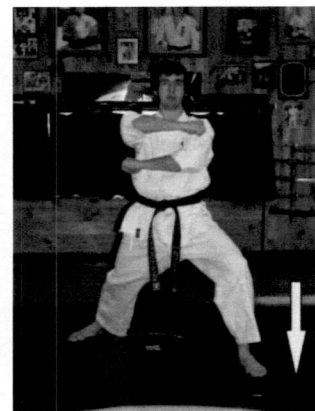
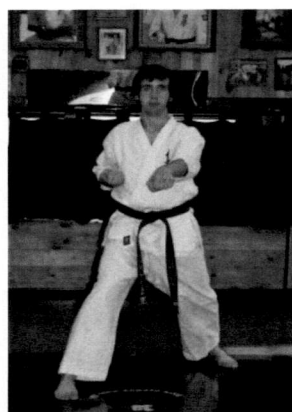
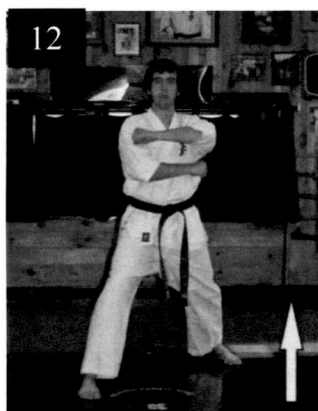
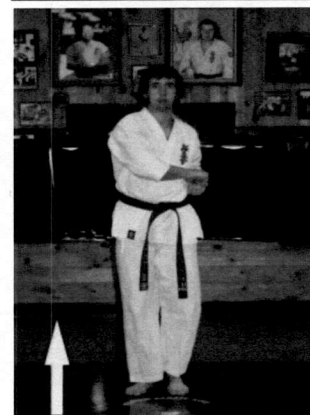
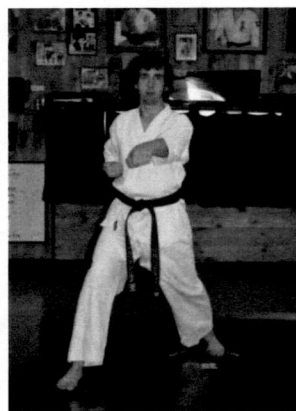
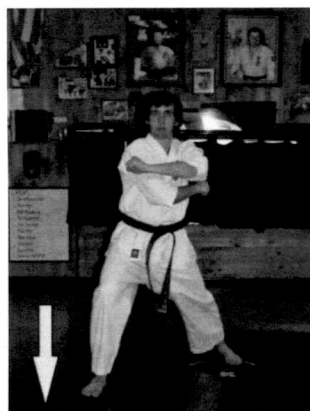
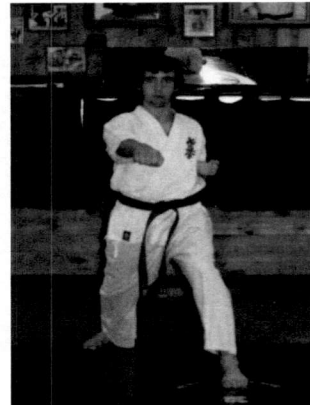
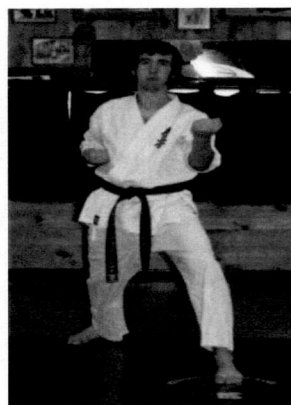
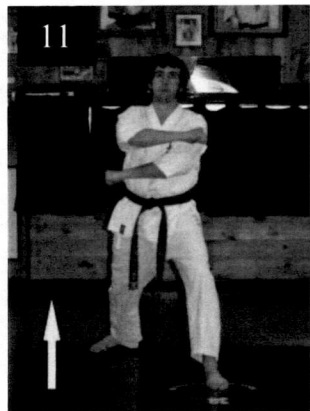
### Set #4 - Reverse Punch Jodan Level



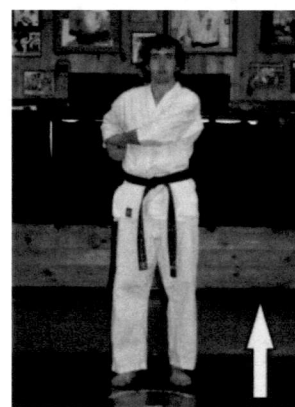
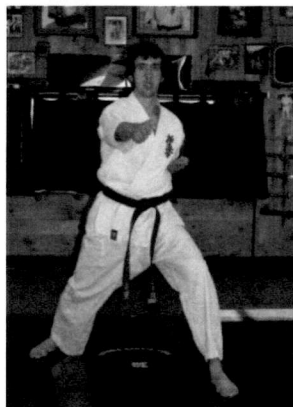
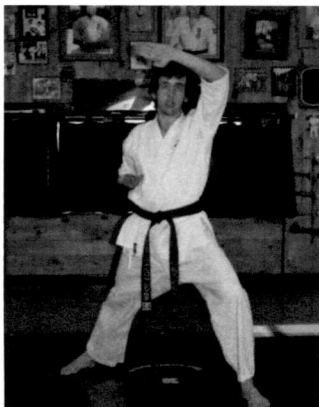
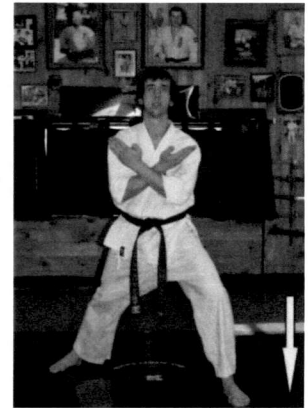
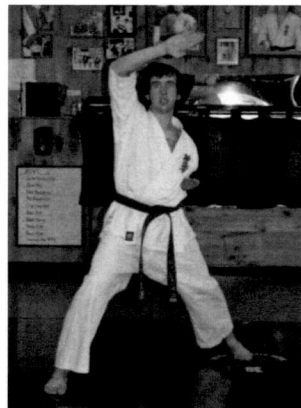
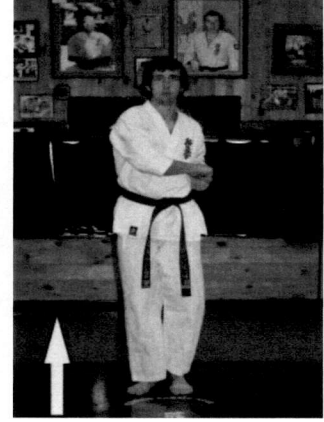
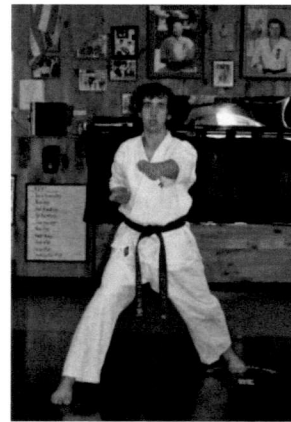
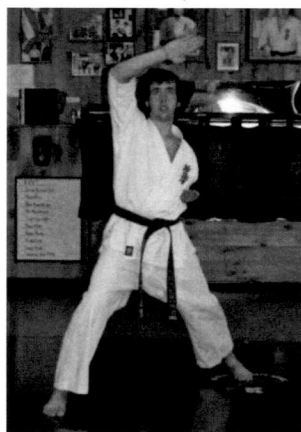
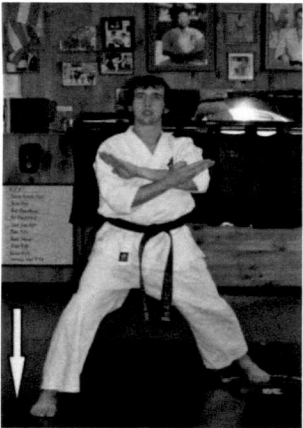
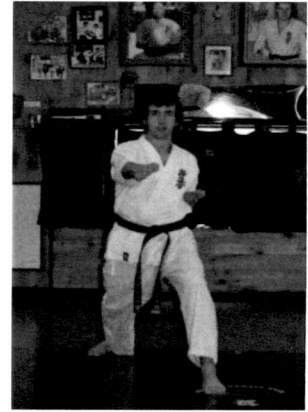
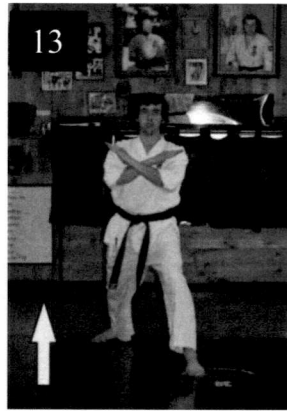
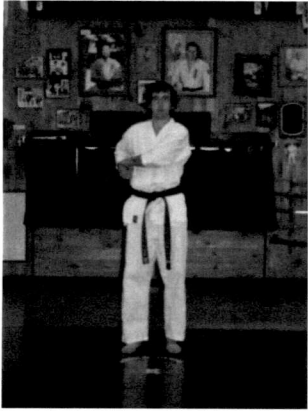
Set #5 - Gedan Barai - Reverse Punch Chudan



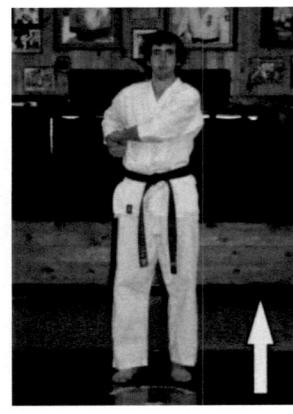
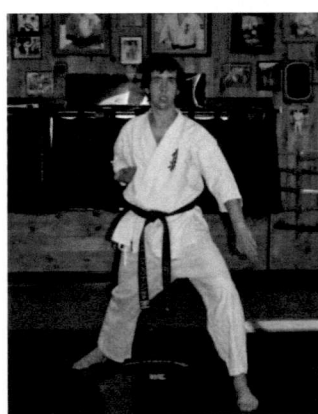
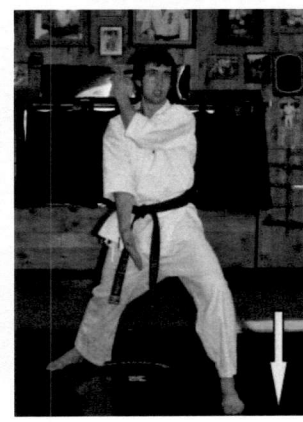
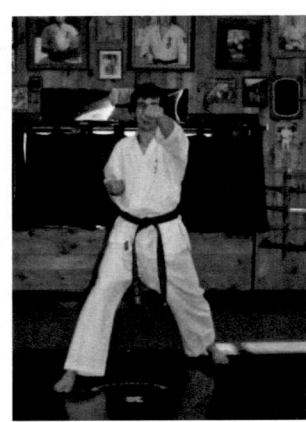
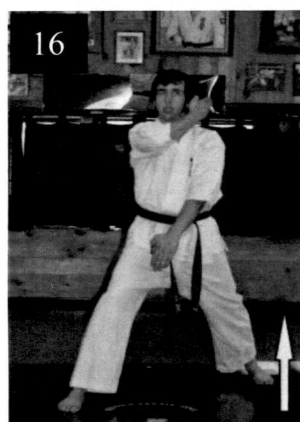
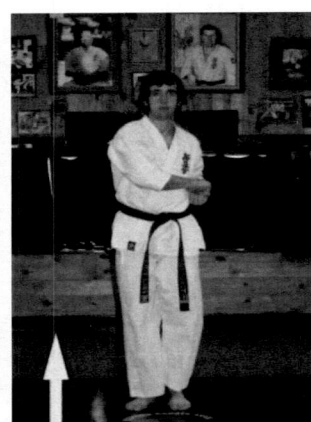
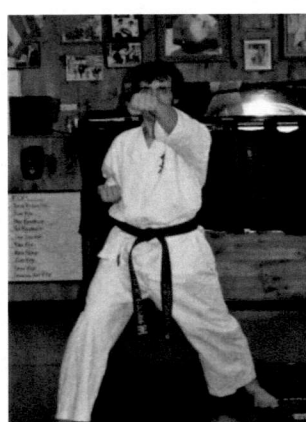
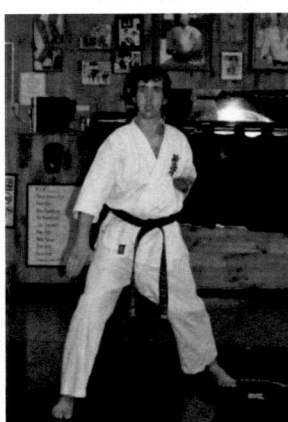
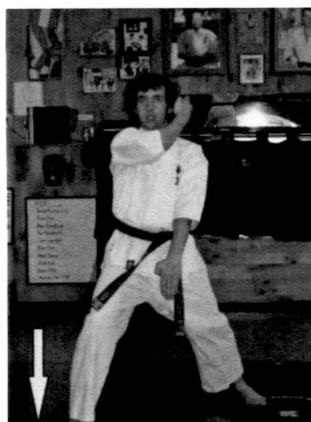
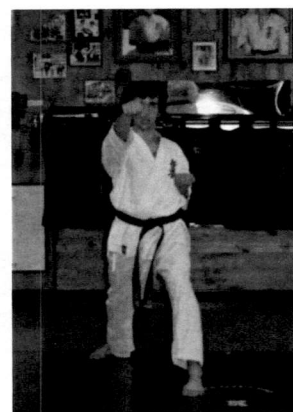
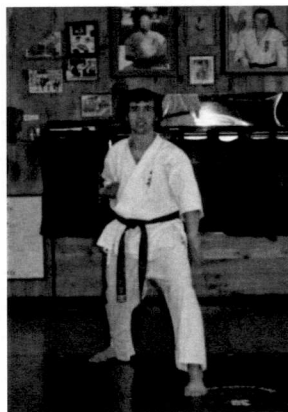
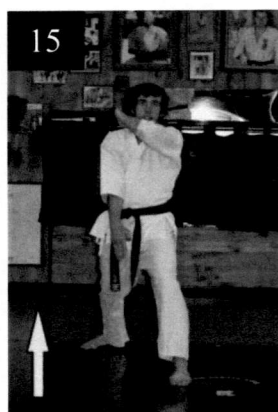
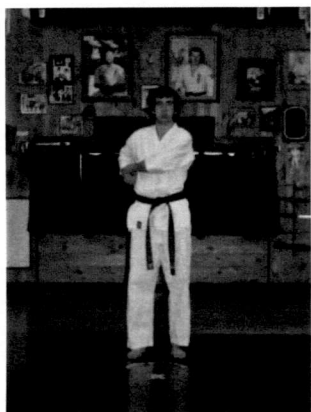
Set #6 - Chudan Uchi Uke - Reverse Punch Chudan



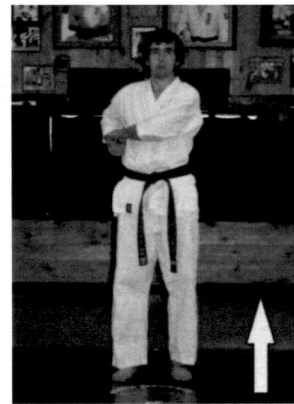
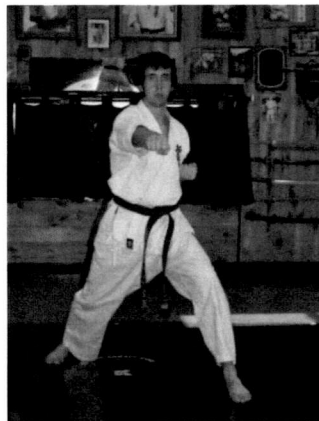
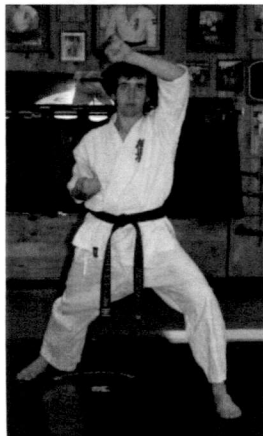
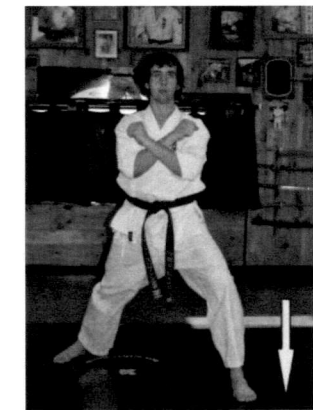
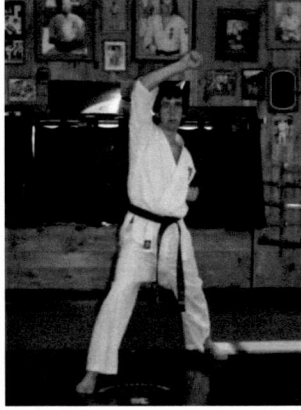
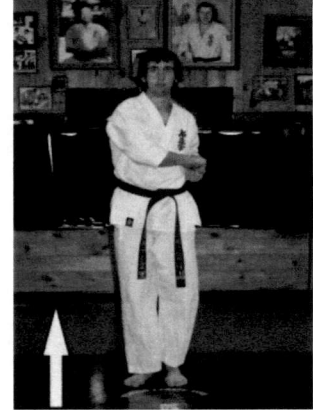
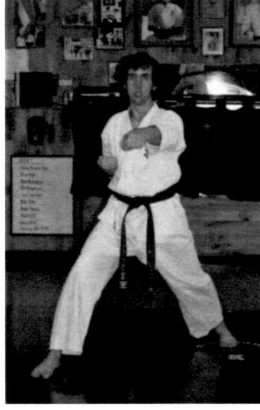
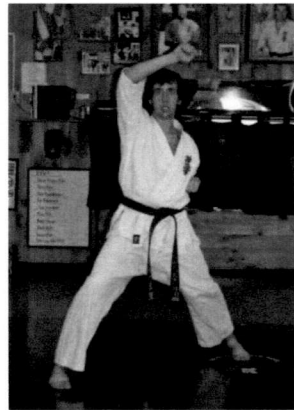
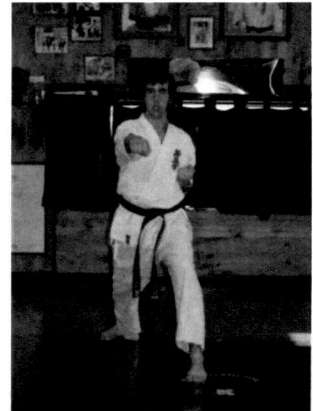
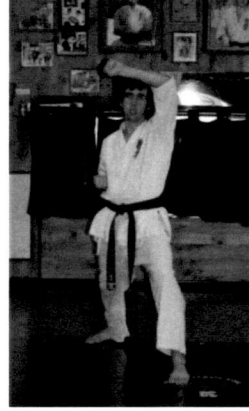
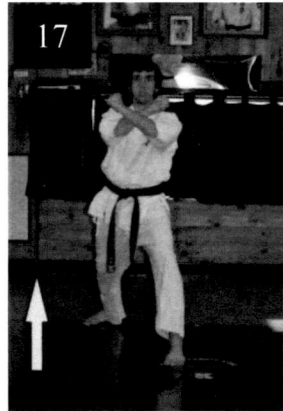
Set #7 - Open Hand Jodan Uke - Reverse Nukite Chudan



# Set #8 - Downward Parry - Reverse Punch Jodan



Set #9 - Jodan Uke - Reverse Punch Chudan



Set #10 - Chudan Soto Uke - Reverse Punch Chudan

